TRANSITION
to Adulthood

Promote independence, employability, and community access among your high school & transition-age students with disabilities

Evidence-based	Easy to use	Automated Data Collection & Reporting	Adaptive Skills & Functional Academic Content

TRANSITION TO ADULTHOOD IS A COMPREHENSIVE, EVIDENCE-BASED CURRICULUM delivering functional academic and adaptive skill instruction for transition-aged students. Designed to meet the needs of students with moderate to severe disabilities, Transition to Adulthood offers a blended learning model that incorporates point-of-view video modeling, task analyses, computer-based and teacher-delivered lessons, visual supports, an online assessment tool for progress monitoring, and more!

Instruction within the transition curriculum covers both adaptive skills and functional academic content related to critical skill areas, including:

- **Personal Life Skills** such as applying sunscreen, brushing teeth, or brushing hair

- **Home Skills** such as baking a frozen pizza, changing batteries, or cleaning

- **Vocational Skills** such as applying for a job or bagging groceries

- **Community Skills** such as crossing the street or eating at a restaurant

- **Leisure Skills** such as buying movie tickets or changing activities with a timer

Skills align with the 5 domains found in the Assessment for Functional Living Skills (AFLS)

"When it comes to a one-stop shop, TeachTown has it made. From core curriculum, to Social Skills, to Transition to Adulthood, and beyond, along with data collection that is ideal when reporting progress— choosing TeachTown is a no-brainer."

- Educational Diagnostician, Reagan County ISD

100 Level 1 ELA lessons
100 Level 2 ELA lessons
100 Level 3 ELA lessons
100 Level 1 Math lessons
100 Level 2 Math lessons
100 Level 3 Math lessons

600 functional academic lessons!

ELA lessons focus on Basic Vocabulary, Reading Comprehension, and Following Environmental Directions.

Math lessons cover Time, Money, and Basic Operations.

COMPUTER-BASED LESSONS

Transition to Adulthood includes computer-based lessons covering adaptive skills and functional academics that the student can work on independently.

Adaptive Skill Lessons

Adaptive skill lessons target receptive labeling (of key objects in the tasks in the context of a scene display), sorting items related to the target skill, and sequencing photographs that depict key steps in the task analysis. Computer-based lessons feature automatic prompting and reinforcement. The student's data are collected automatically as they access these lessons for progress monitoring, and lessons are easily linked to their IEP goals. This enables automatic reporting of their progress and time on task directly against their IEP goals.

Functional Academic Lessons

Support students' continued learning and independence as they prepare for their postsecondary setting. There are 300 English Language Arts (ELA) lessons related to the adaptive skills covered in the program and 300 Math lessons structured in a similar way.

Automated Data Collection

As functional academic lessons, all skills directly relate to students' everyday lives. In this ELA example, students will demonstrate an understanding of vocabulary words related to applying sunscreen.

a lotion or spray that you put on your skin to prevent sunburn

sunscreen

hair gel

sunburn | a condition in which your skin becomes sore and red from too much sun exposure

flu   sunburn

SPF | the sun protection factor, which is written in number form

seat belt   laundry detergent   SPF

LEVEL 1
- 2 response options (with picture supports)
- audio that reads the definition aloud

LEVEL 2
- 2 response options (without picture supports)
- audio that reads the definition aloud
- lesson engine that requires the student to drag the correct answer to the box

LEVEL 3
- 3 response options (without picture supports)
- general audio that requires the student to read the definition independently
- lesson engine that requires the student to drag the correct answer to the box

POINT-OF-VIEW VIDEO MODELING

Each video model in Transition to Adulthood is taken from the perspective of the learner, using real people in the real setting where the task would take place. Only the hands of the person in the video model are shown, making it feel as if the learner themselves were completing the task. These engaging videos run from 1 to 3 minutes in length, and follow the steps of the task analysis. While the students view the video, each step in the task analysis is read aloud in the first person as it is completed.

LESSON PLANS

The teacher-delivered lesson plans describe the evidence-based ways to implement the components of the curriculum as the student practices the target skills while in school or in the community. The lesson plans are easy-to-use and guide the staff in:

- Preparing for the lesson
- Implementing the video model
- Collecting data
- Prompting the student using a task analysis and fading prompts effectively
- Planning for generalization
- And more!

VISUAL SUPPORTS

The visual supports within Transition to Adulthood aim to reduce prompt dependence. They are meant to be used by the student for self-management.
The visual supports included are a visual task analysis, task sequence photo cards, and a troubleshooting card that supports the student in solving problems that arise while they are engaging in a task.

"Applying for a Job" example

"This is EVERYTHING we need and have been asking for!"
   - Teacher, NYC

PROGRESS MONITORING & ONLINE ASSESSMENT

Online assessments are available for each target skill and allow educators to monitor progress, prompt fading, assess maintenance, and determine generalization.

These assessments feature a task analysis where the target skill/task is broken down into measurable steps. The task analysis allows the staff to note whether the student completed each step independently, or if they required a certain level of prompting (as described in the lesson plans). Data are collected and reported automatically!

EVIDENCE OF EFFECTIVENESS

A single-subject design study was conducted to determine the effectiveness of Transition to Adulthood. This study evaluated 5 target skills in 8 students who had Autism and/or Intellectual and Developmental Disabilities (IDD) across a 10-week period. These students received special education services in a transition program in a public, suburban high school. The results of this study demonstrate a strong and compelling functional relationship between the students' acquisition of the target vocational skills and access to Transition to Adulthood. Check out the Study Outcomes to the right and read more about the research here.

STUDY OUTCOMES *using* **TRANSITION to Adulthood**

100% Mastery of Student's Target Skills.

80% Improvement in Pre- vs. Post-Task Steps.

3-4 months later, ALL Participants Able to Complete Target Skills.

SUPPORT THE WHOLE CHILD THE WHOLE WAY

TeachTown is proud to support the whole child the whole way – from early childhood through the transition years. Transition to Adulthood is an evidence-based curriculum that supports high school and transition-aged students with disabilities with the everyday skills that will allow them to be appropriately independent in their postsecondary setting.

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⊕ **TEACHTOWN**®

Learn more about
Transition to Adulthood here

📱 SCAN ME